

Tiffany Bluhm

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Tiffany Bluhm wants every woman to recognize, embrace, and pursue the big dreams and beauty born inside of them. The author, blogger, speaker, teacher, podcast host, wife, and mother shares her personal stories of self-value and self-doubt, international adoption, entrepreneurship, marriage, heartbreak, motherhood, and more with an ever-growing audience now numbering in the hundreds of thousands. In addition to reaching readers via her own blog, Tiffany shares her disarmingly perceptive, honest, and frequently funny writing on other popular outlets including ScaryMommy.com, Deeply Rooted Magazine, and more. As co-host of the Why Tho podcast and an in-demand speaker, Tiffany also leads key conversations about modern faith, contemporary women, culture, and so much more. She has penned two books: the acclaimed Bible study *Never Alone*, released in February 2018, and the upcoming *SHE DREAMS: LIVE THE LIFE YOU WERE CREATED FOR*, set to hit bookstore virtual and brick-and-mortar shelves in February 2019. Tiffany lives in Tacoma, Washington, with her husband and two young sons.

Why Tiffany Bluhm?



- With warmth, international perspective, humor, strength, and unwavering intention, Tiffany Bluhm writes and speaks about the most urgent issues facing women today. She is an ideal guide, serving others as she leads and teaches in a variety of immediately accessible ways, all informed by history, scripture, and truth.
- Tiffany is a unique adoption advocate: as a two-day-old infant, she was dropped off in a home for children and became one of India's 25 million orphaned babies. She grew up with a heart for adoption, and first became a mother when she adopted her son in Uganda, after pushing through gut-wrenching heartbreak to get there.
- Tiffany intentionally pours into women daily and began the women's ministry Sip and Savor in the fall of 2015 serving women in the Pacific Northwest. She began the ministry with 12 women gathering from all walks of life to break bread and be equals at the table. Tiffany has evolved this ministry as it now impacts 400 women every year.
- Born in India, the product of a young adulthood spent overseas, and now a U.S. citizen, Tiffany speaks about issues affecting women of color all over the world with experience-enriched wisdom.
- As a woman of color and faith contributing to hugely popular outlets such as ScaryMommy.com, Tiffany bridges gaps between communities with wit and grace.



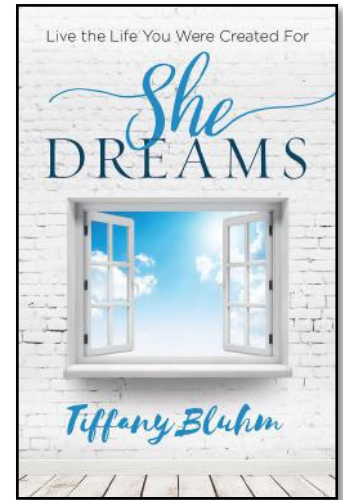
The one thing we know for sure of each woman that we look up to is this: she dreams. She dreams impossible dreams. She fights to see them come to pass, and she doesn't take no for an answer when it comes to the fulfillment of those dreams."

- Tiffany Bluhm, "She Dreams"

About the Book

She Dreams: Live the Life You Were Created For

In her highly anticipated new book **SHE DREAMS: LIVE THE LIFE YOU WERE CREATED FOR**, Tiffany Bluhm – in-demand blogger, speaker, wife, and mom – urges women to embrace big dreams in order to live out their own unique potential and beauty. Tiffany shares pieces of her own compelling story – a globetrotting tale that begins with her own infancy in an Indian orphanage – to support her claim that every woman, no matter her social status, wealth, skin color, and other culturally defining factors, was made to achieve what may often seem impossible. Also featuring inspirational feats of women throughout history and close readings of scripture, **SHE DREAMS** urges action, acknowledges fear, and provides practical encouragement that readers in all stages of life will return to again and again.



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Why *She Dreams*?



- Encouraging collaboration with others, self-belief, spiritual faith, active mentorship, honest reflection, and more, **SHE DREAMS** offers timely real-world advice for how to overcome obstacles—those that are self-imposed, as well as societal constructs.
- Author Tiffany Bluhm does not sugarcoat challenges: from how to lead in the workplace when cultural double-standards attempt to silence women, to her necessary dismantling of excuses like lack of time, Tiffany points to reality as she pushes women to redefine it.
- With her own personal stories, outlines of historical figures, anecdotes from friends, and close readings of applicable scripture, Tiffany offers example after example supporting not only the need to dream, but to make dreams reality.
- Part memoir, part urgent inspirational guide, **SHE DREAMS** is a fast but rewarding read, easily digestible in one sitting or spread out over weeks as part of a solo or group study.
- Tiffany suggests that home lives and passionate pursuits can and should support one another instead of compete with one another. She also takes aim at numerous enemies of success, including comparison, fear, and unacknowledged weaknesses.

“As you drink in the message of this book from the first page to the last, I hope you find yourself in the story as a woman who is an overcomer, a woman who is brave and courageous, a woman who doesn't give up easily – because when you pursue your dreams and live the life you were created for, you bring heaven to earth.”

- Tiffany Bluhm, “*She Dreams*”



Developing a healthy tribe

The importance of developing a group of supportive and loving community Tiffany knows is essential to growth in all parts of life. She sees that people find themselves sitting jealous of others as they gather when they could do the very same thing, gather. She encourages women to invest and find a tribe that shares the same heartbeat. Tiffany know that together makes a life and together makes a tribe.

Navigating biological birth, adoption and a mixed family

Tiffany is Indian, her husband is white, her oldest son is Ugandan, and her youngest son is mixed. Tiffany shares the beautiful truth that regardless of color love makes a family. She also knows the adoption journey well, and encourages families with her story of loss and redemption. Tiffany is on a mission to spread peace, justice, and authentic community rooted out of a healthy identity.

Establishing mutually respectful relationships between man and women

Tiffany has a strong and credible perspective on developing strong and respective relationships between men and women. From a young age, her male mentor spoke to her with grace and confidence and did not withhold investment to her because she was a woman. Her compassion for women and girls to know their value turned into opportunity as she partnered with local police and crime stoppers and locked eyes with every man who drove the business for prostitution legally mandated to attend what they called “John School.”

Igniting faith in all seasons of life

Spending a life chasing after Jesus while walking alongside women from suburbia to the inner city, jails and brothels, and the slums of Kolkata, Tiffany knows the importance of faith no matter what the circumstance. As a speaker and writer, she is sharing this passion and wisdom by helping women come to know their value and purpose because of a loving, redeeming God.

“*You and I weren't created to sit in silence, smile, and look pretty. We have a life to live. A life to love. We have passions to pursue, people to serve, and loved ones to shepherd. It will be worth it to develop our gifts and skills, raise our voices, and step up to do the very things our hearts ache to do. As the younger generations watch, may they see us as women who don't hold back because of how we may be perceived.*”
- Tiffany Bluhm, “She Dreams”