

Hope Heals

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Katherine and Jay Wolf's story is one of love, survival and hope. After meeting in college, the 22-year-old couple married and moved to Los Angeles where Jay was pursuing a law degree and Katherine began modeling. Six months after their son James was born in 2007, at the age of 26, Katherine suffered a massive and catastrophic brain stem stroke that nearly ended her life. Against all the odds, she survived and Katherine's life was saved but forever changed, as was their marriage. Seven years after the stroke, the couple welcomed their second miracle son, John into their lives. Katherine is a charismatic and dynamic force that brings humor and joy to all she meets. As speakers, authors and founders of the non-profit ministry, [Hope Heals](#), Katherine and Jay share the gift of God's grace that sustained their marriage and family, inspiring others to find the hope of Jesus and the healing and restoration that only God can bring. The family resides in Atlanta, Georgia.

Why Katherine and Jay Wolf?



- Katherine is a fighter who has defied the odds time and again, and although still challenged by significant deficits, her hope and faith remain stronger than ever. Katherine is leading key conversations and utilizing her platform to represent people with disabilities, the largest minority group in the world according to the United Nations.
- Their story showcases the power of trusting in God during life's most difficult challenges and is an example of remaining faithful when life doesn't turn out the way you expect.
- Katherine is a dynamic speaker and storyteller, offering hope, humor and joy to all she meets. She has the unique ability to connect with people and inhibit vulnerability as she shares her story of overcoming loss, redefining healing and manifesting hope.
- Katherine and Jay's marriage looks much different than they imagined it would when they were newlyweds. Together they have endured loss, suffering, pain and insurmountable challenges. But, their commitment to combat life's deepest unmet expectations with hope has made all the difference. While statistics indicate that 90% of couples their age divorce following a medical crisis, their journey has made them stronger through a greater purpose. Katherine and Jay view suffering as a gift and beautiful opportunity for redemption and turning bitterness into gratitude.
- Katherine and Jay turned their pain into a passion, founding the nonprofit ministry Hope Heals and authored their first book, "Hope Heals," detailing their story to inspire others

“*We're all living out what I am living out on the outside of my body... We all have issues – terrible sad issues on the inside of our bodies – wounds and scars and we've been through the fire. You may not have a paralyzed face, but I bet you have issues with your appearance and don't feel beautiful all the time. I can't walk, but I bet you don't feel free all the time even if you can.*” – Katherine Wolf



Katherine and Jay can discuss a variety of topics, including but not limited to:

- How our responses to trials and life-altering traumas determine who we really are
- The beauty found in suffering and finding purpose in pain
- Coping with the lingering limitations following a stroke and managing the effect of those limitations on marriage and family
- Discovering a hope that heals the most broken places, our souls
- The importance of the church community in navigating tragedy and trauma
- The challenging role of the caregiver for a disabled spouse and real cost of loving someone and the commitment that requires
- Real church and how those suffering need our invisible God to be visible through community and the body of Christ
- The challenges of parenting with a disability
- How to handle it when our world crumbles, leaving us with a life vastly different than we expected and how to celebrate the life you've been given when it looks different than the one you thought you'd have
- Navigating negativity and doubt during times of challenge
- The importance of expecting less in this life and more from God and how to open our hands to release things we might hold dear in order to receive more of Him

