



BROOKE ROMNEY

AUTHOR AND SPEAKER

brookeromney.com



About Brooke

Brooke Romney is a writer, speaker and leader of an online community who helps moms of teens and tweens create meaningful, healthy and enjoyable relationships with their children through practical application, education and community. Her goal is for every family to feel confident and connected. The mother of four boys ages tween to adult, Brooke knows parenting perfection isn't real and takes an honest and hopeful approach with her audience. Her best-selling book *52 Modern Manners for Today's Teens* (Volumes 1 & 2) provides weekly tips to help parents and teens navigate the complexities of today's world. The follow-up, *52 Modern Manners for Kids*, will feature tips for kids and tweens aged four to 12 and is set to release this August. Brooke's work has been featured in *The Washington Post*, *Scary Mommy* and *Forbes*. Brooke and her family live in Utah.

Why Brooke Romney?

- Brooke has created a large, vibrant community on her Instagram page @BrookeRomneyWrites, where she has more than 100k followers and posts a new "modern manner" every Monday.
- Brooke believes connection is at the heart of relationships. Her work teaches parents how to connect with their children, themselves and with others in ways that make a tangible difference.
- Brooke's writing has been featured in publications like *The Washington Post*, *Deseret News*, *Scary Mommy* and *Forbes*. She is a regular guest on business, motherhood and parenting podcasts as well as local and national TV. Brooke's work is also utilized in classrooms across the country.
- In addition to writing, Brooke also works as a parenting consultant and is developing online parenting courses to be released soon.

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Suggested Interview Topics

- We've lost the art of manners. This mom is taking it back.
- How to repair your relationship with your teen
- How manners and social skills lead to a more successful and connected life
- This Is Why You Feel Disconnected from Your Teen and What You Can Do About It
- We Already Knew This, But Now There's More Research to Back It Up: Social Media Is Bad for Kids
- Simple Conversation Starters to Help You Connect with and Better Understand Your Teen
- Nobody Should Have to Parent Alone: How to Build Your Parenting Community
- 52 Modern Manners That Will Make Life Easier for Tweens, Teens and Their Parents
- What Your Perfectionist Child Needs to Hear
- How to Stop the Mom Comparison Game
- How to Talk to Your Kids About the Hard Things: Relationships, Sex and Social Media
- Finding Joy in the Tween and Teen Years Even When They Feel Like a Nightmare
- Three Hard Truths I Wish I Could Tell My Younger Self as a First-Time Mom



Suggested Interview Questions

- What did you experience in your own parenting journey that made you want to start writing and encouraging other moms and parents?
- In your work with parents, what are the top struggles they share with you? Why are these parenting struggles so prominent?
- What are the most difficult and most fulfilling aspects of parenting tweens and teens?
- What first inspired you to write 52 Modern Manners for Today's Teens? Why do you think the books have been so successful?
- What can readers expect from 52 Modern Manners for Kids? What difficulties are kids and tweens facing today that you tackle in the book?
- You talk about the power of connection when it comes to the parent-child relationship. What threatens that connection? How can parents get it back?
- New studies are coming out that prove the detrimental effects of smartphones and social media on teens. This is a topic you've covered extensively. What advice do you have for parents to help them choose what is best for their kids when it comes to technology?
- You've talked about the power of community in parenting. Why is community important? How can you create a supportive community for yourself as a parent?
- Despite all of the negative outlooks regarding parenting and the future of our kids, you bring an encouraging and hopeful message. What makes you hopeful for parents, kids, tweens and teens?
- If you could go back in time, what would you tell yourself as a young, first-time mom?



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